

Advent Lecture #3 - Prayer of Healing

“Ask, and it shall be given you; Seek and you shall find; Knock, and the door will be opened to you...If you then, who are evil, know how to give good gifts to your children, how much more will the Heavenly Father give good gifts to those who ask Him” (Mt 7:7-8)

Knowing what to ask for is the key. Healing must happen in the core of our heart and soul, and not on the surface only.

	Vice	Virtue	Passive Purification	Active Purification	Mary's Example
1	Pride - making myself into God.	Humility - seeing things in truth	Carry heavy boulders around on their backs.	Purposely take the lower place. Listen instead of talking.	“Be it done unto me according to your Word”, not my word.
2	Envy - sorrow at another person's good	Admiration - be thankful to God for another's good fortune	Eyelids are sown shot sitting at the edge of a mountain	Go out of your way to praise somebody.	“They are running out of wine”
3	Anger - unreasonable desire for vengeance	Forgiveness - moving past evil	Inundated with smoke	Take concrete steps to heal a broken relationship	Finding Jesus in the temple.
4	Sloth - sorrow with regards to spiritual good	Zeal for the mission - accepting the call to go out	Running on a treadmill and hearing “Be it done according to your word”	Take concrete steps to share your faith with others.	Mary on the way to her cousin Elizabeth
5	Avarice/Greed - Unreasonable or immoderate desire for riches	Generosity - sharing what has been offered to me	Lying face down on a hard rock floor and weeping	Give away your goods and your wealth on a regular basis	Mary gives birth to the King of Kings in a dirty poor stable.
6	Gluttony - Immoderate or unreasonable pleasure of food and drink	Asceticism - practice of simplicity	Repeat: “Lord open my lips and my mouth shall proclaim your praise	Fasting. Only by prayer and fasting...	Lived a life of poverty
7	Lust - seeing others as objects of your own pleasure	Chastity - profound respect for others	They have to pass through fire	Stop lustful actions, look at everyone as God's children	Annunciation: “How can this be since I am a virgin”